

BackCare Family Chiropractic  
Symptom Survey

Patient Name: \_\_\_\_\_

Patient Number: \_\_\_\_\_

1. Condition	Severity (Minimum to Severe)	Frequency (Occasional to Constant)
a. _____	0 1 2 3 4 5 6 7 8 9 10	_____
b. _____	0 1 2 3 4 5 6 7 8 9 10	_____
c. _____	0 1 2 3 4 5 6 7 8 9 10	_____
d. _____	0 1 2 3 4 5 6 7 8 9 10	_____

2. When did your symptoms begin? a. \_\_\_\_\_ b. \_\_\_\_\_  
c. \_\_\_\_\_ d. \_\_\_\_\_

3. Is there anything that you can do to relieve the symptoms? No Yes explain: \_\_\_\_\_  
\_\_\_\_\_

4. Have you experienced these symptoms before? \_\_\_\_\_

5. Have your conditions \_\_\_\_\_ Improved \_\_\_\_\_ Gotten Worse \_\_\_\_\_ Stayed the same since it began

6. Circle what makes your problems worse:

**Include amount of time before pain INCREASES/STARTS**

Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Bending \_\_\_\_\_ Twisting \_\_\_\_\_ Laying \_\_\_\_\_ Lifting \_\_\_\_\_ Movement \_\_\_\_\_

7. Describe your symptoms? (circle)

- a. Dull / Aching / Sharp / Tingling / Numbness / Burning / Pins & Needles \_\_\_\_\_
- b. Dull / Aching / Sharp / Tingling / Numbness / Burning / Pins & Needles \_\_\_\_\_
- c. Dull / Aching / Sharp / Tingling / Numbness / Burning / Pins & Needles \_\_\_\_\_
- d. Dull / Aching / Sharp / Tingling / Numbness / Burning / Pins & Needles \_\_\_\_\_

8. Are your symptoms worse in the: (circle)

Morning / Afternoon / Night / Increase or decrease during day / same all day

9. Do your symptoms radiate? \_\_\_\_\_

10. Is your condition interfering with any daily living activities? (Work, Sleep, Recreation, ect.) \_\_\_\_\_  
\_\_\_\_\_

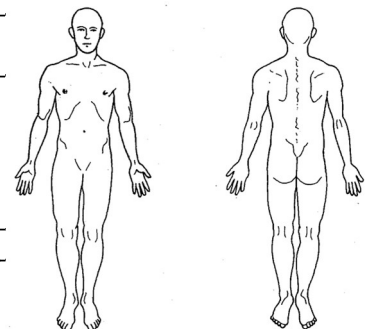
12. Please indicate on the figures where you are experiencing your symptoms.

13. Have you been treated for these before? \_\_\_\_\_

14. What treatment have you received? \_\_\_\_\_

15. What are your goals when it comes to treatment at our office? \_\_\_\_\_  
\_\_\_\_\_

Additional Comments : \_\_\_\_\_  
\_\_\_\_\_



I certify that the above information is accurate to the best of my knowledge.

Patient/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Staff Initials: \_\_\_\_\_